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SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

Nightingale association of stress management under the Department of Mental Health Nursing, Faculty of Nursing, SGT University has organized the event for World No Tobacco Day on the theme “Tobacco Threat to environment” on 31st May, 2022 in association with NIFCO India Private Ltd,

ORGANIZERS: Nightingale association of stress management under the Department of Mental Health Nursing, Faculty of Nursing, SGT University has organized the event for World No Tobacco Day on the theme “Tobacco Threat to environment” on 31st May, 2022 in association with NIFCO India Private Ltd, Manesar, Gurugram.

OBJECTIVE OF THE PROGRAMME: The main objective of this event was to create awareness about the ill effects of Tobacco use among the employees of NIFCO India Private Ltd. To perform screening test to recognize employees with tobacco addiction and to provide individual motivational interviewing to quit the tobacco use, that will promote physical and mental health.

AUDIENCE: Employees of NIFCO India Private Ltd., Faculty members and M.Sc (N), and B.Sc. (N) students.

Total Participants : 430

BRIEF REPORT OF THE PROGRAMME

The Programme started with the Inauguration programme. Mrs. Poonam Ahlawat, Assistant Professor, Faculty of nursing, SGT University, welcomed the gathering. Mr. Uday Shankar, Director, Plant Head, Mr. Gajendra Soni, General Manager, Marketing and Mr. Ravindra Yadav, HR Head, NIFCO graced the occasion.

Prof. Ramandeep Kaur, HOD, Faculty of nursing, SGT University, felicitated Mr. Uday Shankar, Director and Mr. Ravindra Yadav with Memento.

First session was conducted for the morning shift employees, Prof. Ramandeep Kaur, HOD, Faculty of nursing, SGT University, delivered an inspiring health talk on the Topic-Ill effects of tobacco use. Followed by that, Faculty Members, M.Sc (N) and B.Sc (N) student, Faculty of Nursing SGT University conducted screening for tobacco use among the employees and delivered individual Motivational interviewing for the employees on Quitting Tobacco Use.



The programme ended with valedictory ceremony, Prof. Ramandeep Kaur felicitated Mr.Gajendra Soni, General Manager, Mr. Uday Veer Senior HR, Mr.Rajiv Sharma, Senior Engineer and Ms.Anita HR with sapling. Then Mr. Gajendra Soni, General Manager, expressed his gratitude for organizing such a wonderful events and honoured Prof. Ramandeep Kaur Dr.Joseph Jeganathan, Mrs. Poonam Ahlawat and Mrs. Ruchika Duggal, Faculty of Nursing, SGT University with memento. The session ended with vote of thanks by Dr. Joseph Jeganathan, Faculty of Nursing, SGT University.

Conclusion: The event increased the knowledge regarding the ill effects of tobacco use among the employees of NIFCO India Private Ltd. The tobacco users made decisions to quit or reduce the tobacco consumption. They actively participated during health talk and willingly attended the individual motivational interviewing session. all practical session. The event was a huge success. The organization requested for future collaborations.



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NIFCO

FACULTY OF NURSING

Nightingale Association of Stress Management

constituted under

Department of Mental Health Nursing

in association with

NIFCO INDIA PVT LTD.

Is Organizing an

INSPIRING HEALTH TALK AND SCREENING FOR TOBACCO DEPENDENCE WITH
MOTIVATIONAL INTERVIEWING

On the occasion of



WORLD NO TOBACCO DAY

Under the theme

TOBACCO: THREAT TO OUR ENVIRONMENT

31st May, 2022

VENUE: NIFCO INDIA PVT LTD., IMT MANESAR

Banner of the event



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SGT University, Gurugram, Haryana
Department of Mental Health Nursing
No Tobacco Day (31st May 2022)
under the theme "Protect the environment "

Programme Schedule

<i>S.No</i>	<i>Programme</i>	<i>Speaker</i>	<i>Time</i>
i	Welcome Address	Ms. Poonam Ahlawat Assistant Professor Department of MHN, SGT University.	11: 00-11.05 am
ii	Health Talk	Prof. Raman Deep HoD, Dept. Of MHN, SGT University	11:05-11:30 am
iii	Screening of workforce	Faculty members of Mental Health Nursing Department along with students	11:30- 12:30 pm
iv	Motivational interviewing	Faculty members of Mental Health Nursing Department	12:30-1:30pm
v	Felicitation Program	Prof. Joseph Jeganathan Dept. Of MHN, SGT University	1:30pm-1:40pm



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Prof. Ramandeep Kaur felicitated Mr.Gajendra Soni, General Manager



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Prof. Ramandeep Kaur, HOD, Faculty of nursing, SGT University, felicitated Mr. Uday Shankar, Director with Memento.



Prof. Joseph , felicitated Mr. Ravindra Yadav with Memento.



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Session by Pro. Ramandeep, HOD Mental Health Nursing Department



Participants of the event



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Assessment by students



Motivational Speech by Prof. Ramandeep



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Vote of Thanks by Dr. Prof. Joseph





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Felicitation of the organizers



Felicitation of the organizers



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Participants and organizers Group Photograph



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ATTENDANCE SHEET EventWorld no Tobacco day

Date: 31st May 2022

S.No	Name of student	Remark
1.	Mayank bhardwaj	P
2.	Shubham	P
3.	Shweta	P
4.	Nikhil joon	P
5.	Yogesh yadav	P
6.	Gunjan kaushik	P
7.	Ashish dalal	P
8.	Ekta	P
9.	Meenu	P
10.	Simran	P
11.	Piyush	P
12.	Rinky kaushik	P
13.	Prashant singh	P
14.	Yogesh kumar	P
15.	Sahil rathi	P
16.	Akhil roy	P
17.	Saif khan	P
18.	Urvashi kashyap	P
19.	Deepanshi	P
20.	Deepak	P
21.	Gudiya kumari	P
22.	Harsh dhemiwal	P
23.	Tannu	P
24.	Nitesh kumar	P
25.	Akansha sehwari	P
26.	Mohit	P
27.	Rajni kant	P
28.	Nikhil	P
29.	Bharat	P
30.	Prateek	P
31.	Srasti yadav	P
32.	Kavita godara	P
33.	Tarun yadav	P
34.	Varuna	P
35.	Mayank bhardwaj	P
36.	Shubham	P
37.	Shweta	P

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38.	Nikhil joon	P
39.	Yogesh yadav	P
40.	Gunjan kaushik	P
41.	Ashish dalal	P
42.	Ekta	P
43.	Meenu	P
44.	Simran	P
45.	Piyush	P
46.	Rinky kaushik	P
47.	Prashant singh	P
48.	Yogesh kumar	P
49.	Sahil rathi	P
50.	Akhil roy	P
51.	Saif khan	P
52.	Urvashi kashyap	P
53.	Deepanshi	P
54.	Deepak	P
55.	Gudiya kumari	P
56.	Harsh dhemiwal	P
57.	Tannu	P
58.	Nitesh kumar	P
59.	Akansha sehwat	P
60.	Mohit	P
61.	Rajni kant	P
62.	Nikhil	P
63.	Bharat	P
64.	Prateek	P
65.	Srasti yadav	P
66.	Kavita godara	P
67.	Tarun yadav	P
68.	Varuna	P
69.	Mayank bhardwaj	P
70.	Shubham	P
71.	Shweta	P
72.	Nikhil joon	P
73.	Yogesh yadav	P
74.	Gunjan kaushik	P
75.	Ashish dalal	P
76.	Ekta	P
77.	Meenu	P
78.	Simran	P
79.	Piyush	P
80.	Rinky kaushik	P
81.	Prashant singh	P
82.	Yogesh kumar	P

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83.	Sahil rathi	P
84.	Akhil roy	P
85.	Saif khan	P
86.	Urvashi kashyap	P
87.	Deepanshi	P
88.	Deepak	P
89.	Gudiya kumari	P
90.	Harsh dhemiwal	P
91.	Tannu	P
92.	Nitesh kumar	P
93.	Akansha sehwat	P
94.	Mohit	P
95.	Rajni kant	P
96.	Nikhil	P
97.	Bharat	P
98.	Prateek	P
99.	Srasti yadav	P
100.	Kavita godara	P
101.	Chetna	P
102.	Samiksha	P
103.	Chintu	P
104.	laisha Dagar	P
105.	Mohit Vashisht	P
106.	Abhishek	P
107.	Muskan Singhania	P
108.	KARTIK ROHILLA	P
109.	Vaibhav	P
110.	Mukul	P
111.	Arman	P
112.	Sonia	P
113.	Faraz ahmed	P
114.	Km minu chauhan	P
115.	Mansi sharma	P
116.	Harjinder kaur	P
117.	Hemant	P
118.	Himanshu kaushik	P
119.	Upasana chaudhary	P
120.	Bhawna sharma	P
121.	Nikita	P
122.	Shikshit kumar	P
123.	Amit sehwat	P
124.	Ankaj karadodia	P
125.	Vikash kumar	P
126.	Sipora tudu	P
127.	Sheetal	P

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128.	Shalinee bharti	P
129.	Neha	P
130.	Bharti	P
131.	Pooja kumari	P
132.	Amit	P
133.	Suraj	P
134.	Milan yadav	P
135.	Shrayansh	P
136.	Ritika sehrawat	P
137.	Shiv om	P
138.	Chetna mathpal	P
139.	Deepti	P
140.	Varsha yadav	P
141.	Niranjana shridhar	P
142.	Prince raj	P
143.	Pankaj	P
144.	Vaibhav jangra	P
145.	Akanksha	P
146.	Nancy mathur	P
147.	Simran	P
148.	Soniya	P
149.	Komal	P
150.	Ankita sharma	P
151.	Himanshi	P
152.	Jyoti yadav	P
153.	Nancy	P
154.	Varsha	P
155.	Mohammad lateef ganai	P
156.	Aasif	P
157.	Navjit kaur pandher	P
158.	Raushan kumar kamat	P
159.	Himani	P
160.	Anjali	P
161.	Suman	P
162.	Anju	P
163.	Manisha	P
164.	Deepak shokeen	P
165.	Aakanksha	P
166.	Aarushi	P
167.	Akshay	P
168.	Anisha	P
169.	Babita	P
170.	Bharat singh	P
171.	Dheeraj	P
172.	Disha	P



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173.	Divya	P
174.	Divya	P
175.	Dolti	P
176.	Ekta	P
177.	Ekta	P
178.	Gayatri	P
179.	Ishu	P
180.	Jahnvi	P
181.	Jitender	P
182.	Kajal	P
183.	Kanika	P
184.	Komal	P
185.	Komal	P
186.	Latika	P
187.	Lydia biju	P
188.	Meeta	P
189.	Monika	P
190.	Muskan	P
191.	Nabam yani	P
192.	Nancy	P
193.	Nancy	P
194.	Neeraj	P
195.	Neetu	P
196.	Neha	P
197.	Nidhi	P
198.	Nisha	P
199.	Pooja	P
200.	Pooja	P
201.	Pooja	P
202.	Preety	P
203.	Purnima	P
204.	Ritika	P
205.	Riya dahiya	P
206.	Riya	P
207.	Rohit kumar	P
208.	Ruby	P
209.	Sachin	P
210.	Sakshi	P
211.	Sakshi	P
212.	Sanju dagar	P
213.	Km. Sarita	P
214.	Shagun	P
215.	Sheetal	P
216.	Shefali	P
217.	Shilpi	P



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218.	Shivani	P
219.	Simran	P
220.	Simran	P
221.	Sonali	P
222.	Sonia	P
223.	Suriya	P
224.	Swati kesari	P
225.	Versha	P
226.	Versha	P
227.	Vikas	P
228.	Vineeta	P
229.	Wasim	P
230.	Yogesh kumar	P
231.	RIYA	P
232.	PARUL	P
233.	VINAY YADAV	P
234.	SWEETY GAHLOT	P
235.	NISHA	P
236.	FARAZ AHMED	P
237.	KM MINU CHAUHAN	P
238.	MANSI SHARMA	P
239.	HARJINDER KAUR	P
240.	HEMANT	P
241.	HIMANSHU KAUSHIK	P
242.	UPASANA CHAUDHARY	P
243.	BHAWNA SHARMA	P
244.	NIKITA	P
245.	SHIKSHIT KUMAR	P
246.	AMIT SEHRAWAT	P
247.	ANKAJ KARADODIA	P
248.	VIKASH KUMAR	P
249.	SIPORA TUDU	P
250.	SHEETAL	P
251.	SHALINEE BHARTI	P
252.	NEHA	P
253.	BHARTI	P
254.	POOJA KUMARI	P
255.	AMIT	P
256.	SURAJ	P
257.	MILAN YADAV	P
258.	SHRAYANSH	P
259.	RITIKA SEHRAWAT	P
260.	SHIV OM	P
261.	CHETNA MATHPAL	P
262.	DEEPTI	P



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264.	NIRANJANA SHRIDHAR	P
265.	PRINCE RAJ	P
266.	PANKAJ	P
267.	VAIBHAV JANGRA	P
268.	AKANKSHA	P
269.	NANCY MATHUR	P
270.	SIMRAN	P
271.	SONIYA	P
272.	KOMAL	P
273.	ANKITA SHARMA	P
274.	HIMANSHI	P
275.	JYOTI YADAV	P
276.	NANCY	P
277.	VARSHA	P
278.	MOHAMMAD LATEEF GANAI	P
279.	AASIF	P
280.	NAVJIT KAUR PANDHER	P
281.	RAUSHAN KUMAR KAMAT	P
282.	HIMANI	P
283.	ANJALI	P
284.	SUMAN	P
285.	ANJU	P
286.	MANISHA	P
287.	DEEPAK SHOKEEN	P
288.	ANKITA	P
289.	AAKANKSHA	P
290.	AASIF KHAN	P
291.	SANJANA	P
292.	NEHA	P
293.	NEHA	P
294.	JATIN KAUSHIK	P
295.	ZAMEER ABASS	P
296.	PUSPENDER	P
297.	VIVEK SHARMA	P
298.	SWETA	P
299.	SHAHEENA TABASSUM	P
300.	ANJALI GULIA	P
301.	MONISHKA PRIYADARSHINI	P
302.	DEEKSHA	P
303.	NANDITA RANA	P
304.	NEELAM	P
305.	NEERAJ	P
306.	POOJA	P
307.	PRIYA	P



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308.	PRIYA JARYAL		P
309.	PRIYANKA		P
310.	SAMIKSHA SHARMA		P
311.	SHASHI KUMAR		P
312.	SUJATA PANCHAL		P
313.	UMA BHARTI		P
314.	SEJAL GUPTA		P
315.	LATA		P
316.	DEEPANSHI		P
317.	LIPIKA VASHISHT		P
318.	ISHIKA JAIN		P
319.	REVA GUPTA		P
320.	KHUSHBOO BHARDWAJ		P
321.	RUCHIKA BHARDWAJ		P
322.	NIKITA DAGAR		P
323.	ANKIT KUMAR		P
324.	SRIJANA		P
325.	YASH KUMAR		P
326.	Tanya yadav		P
327.	Mandeep		P
328.	Monika		P
329.	Sweta singh		P
330.	Annu		P
331.	Tamanna		P
332.	Ritu		P
333.	Divya		P
334.	Sonia		P
335.	Preeti jaiswal		P
336.	Poornima		P
337.	Ritu tomar		P
338.	Mehak		P
339.	Kum rachna		P
340.	Seema kumari		P
341.	Neetu lobana		P
342.	Harshit yadav		P
343.	Arun kumar		P
344.	Tanya yadav		P
345.	Mandeep		P
346.	Monika		P
347.	Sweta singh		P
348.	Annu		P
349.	Tamanna		P
350.	SHAGUN SHARMA		P
351.	RENU		P
352.	NEHA		P



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354.	GEETIKA CHAHAR	P
355.	CHAVI KUMARI	P
356.	KRITIKA	P
357.	AKASHDEEP SINGH ARORA	P
358.	TULSI JANA	P
359.	MUKUL	P
360.	KAPIL RANA	P
361.	SACHIN YADAV	P
362.	SUNAINA KANSWAL	P
363.	JYOTI YADAV	P
364.	NEETA KUMARI	P
365.	MEENAKSHI	P
366.	PREETI RAMAWAT	P
367.	MANISH	P
368.	ADITYA KHATRI	P
369.	BHAWNA DAGAR	P
370.	SUSHMA	P
371.	ARCHNA	P
372.	SHEFALI	P
373.	RAVINDER YADAV	P
374.	ANSHU SHARMA	P
375.	NISHU DEVI	P
376.	ARZOO YADAV	P
377.	NANCY ROHILLA	P
378.	RITU RANI	P
379.	SUDHA YADAV	P
380.	SHIKHA	P
381.	KUSUM LATA	P
382.	PREETI	P
383.	ANURAG KHATRI	P
384.	MANPREET	P
385.	RAVINDER	P
386.	NEHA DAGAR	P
387.	Rupali singh	P
388.	Akshita	P
389.	Kritika sharma	P
390.	Anjali shokeen	P
391.	Kajal	P
392.	Shivani	P
393.	Sangeeta	P
394.	Ritika	P
395.	Komal sharma	P
396.	Anjali	P
397.	Nikita	P



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399.	Akansha	P
400.	Muskan	P
401.	Shikha mishra	P
402.	Jasmine kaur	P
403.	Bharti kaushik	P
404.	Varsha	P
405.	Jigyasa srivastav	P
406.	Vrinda	P
407.	Lipika	P
408.	Nancy sehrawat	P
409.	Parul arora	P
410.	Pinky kumari	P
411.	Anmolsharl	P
412.	Shiksha	P
413.	Suman lata	P
414.	Tannu	P
415.	Bharti saini	P
416.	Sanaya bharti	P
417.	Shilpa kumari	P
418.	Km upasna shakya	P
419.	Taniya	P
420.	Neeraj	P
421.	Takshi	P
422.	Tanu	P
423.	Rupali singh	P
424.	Akshita	P
425.	Kritika sharma	P
426.	Anjali shokeen	P
427.	Kajal	P
428.	Shivani	P
429.	Sangeeta	P
430.	Ritika	P

Ramandeep
21/05/2022